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Date: April 27, 2016

To Whom It May Concern:

Sarah Wynhof is under my care for her pregnancy. Her estimated due date is December 19, 2016. She should not travel or delay travel to areas such as Columbia, Costa Rica or Panama with high rates for the Zika Virus. The Zika Virus has severe risks to a pregnancy including fetal malformations. Following the travel guidelines as established by the Center for Disease Control and the American College of Obstructions and Gynecologists; avoiding exposure is best. You can find additional information at [www.cdc.gov/zika](http://www.cdc.gov/zika).

If I may be of any further assistance, please contact me at the address or phone number listed below.

Sincerely,

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