

1 Hour Glucose Blood Draw Protocol

1. You have **5 minutes** in which to drink the drink. This means from start to finish.
2. You **MUST NOTE** the time you finished the drink.
3. We need to draw your blood **EXACTLY 1 hour** after you finish the drink.
Example: you started drinking at 8:00 am, you finished at 8:05 am; then, we need to draw your blood at 9:05 am exactly.
4. You are **NOT** required to FAST prior to consuming your Glucola drink.
However, you are only allowed **water** between the time that you finish the drink until the completion of your blood draw 1 hour later.
5. Upon your arrival: please tell the front desk immediately that you are here for a glucose blood draw, and what time you finished drinking it.
6. *Please allow a bit of time (10-20 minutes) for the lab to be busy, and don't arrive right at your hour when you need the blood drawn.*

If you have any questions, the front desk will direct you to the lab tech or your nurse.