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## PATIENT HISTORY

Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Today's Date \_\_\_\_\_

1. Reason for visit: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Family History:

Have any of your immediate relatives (mother, father, siblings, grandparents, spouse) experienced any of the following? (*please indicate which relative*)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Heart Disease _____       | <input type="checkbox"/> Anemia _____          | <input type="checkbox"/> Breast Cancer _____ |
| <input type="checkbox"/> Osteoporosis _____        | <input type="checkbox"/> Stroke _____          | <input type="checkbox"/> Diabetes _____      |
| <input type="checkbox"/> Depression _____          | <input type="checkbox"/> Kidney disease _____  |  |
| <input type="checkbox"/> Cancer _____              | <input type="checkbox"/> Epilepsy _____        |  |
| <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Ulcer _____           | <input type="checkbox"/> Colon Cancer _____  |
| <input type="checkbox"/> Migraine _____            | <input type="checkbox"/> Thyroid disease _____ | <input type="checkbox"/> Arthritis _____     |

3. Please list any hospitalization, surgeries or major illnesses you have had: \_\_\_\_\_  
\_\_\_\_\_

4. Have you had any of the following? (*if checked please indicate the date*)

- |   |  |   |                                       |
|---|--|---|---------------------------------------|
| <input type="checkbox"/> Depression _____               | <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Arthritis _____                        |                                       |
| <input type="checkbox"/> Liver disease, Hepatitis _____ | <input type="checkbox"/> Lung disease _____        | <input type="checkbox"/> Thyroid disease _____                  |                                       |
| <input type="checkbox"/> Mumps _____                    | <input type="checkbox"/> Chicken pox _____         | <input type="checkbox"/> Cancer _____                           | <input type="checkbox"/> Asthma _____ |
| <input type="checkbox"/> Measles _____                  | <input type="checkbox"/> German measles _____      | <input type="checkbox"/> Stroke _____                           |                                       |
| <input type="checkbox"/> Rheumatic fever _____          | <input type="checkbox"/> Dizzy spells _____        | <input type="checkbox"/> Frequent urinary tract infection _____ |                                       |
| <input type="checkbox"/> Migraines _____                | <input type="checkbox"/> Hayfever/Allergies _____  | <input type="checkbox"/> Diabetes _____                         | <input type="checkbox"/> Anemia _____ |
| <input type="checkbox"/> Recent weight loss _____       | <input type="checkbox"/> Tuberculosis _____        | <input type="checkbox"/> Scarlet fever _____                    |                                       |

5. Please list any medications or herbal supplements you are presently taking  
\_\_\_\_\_  
\_\_\_\_\_

6. Please list any known medication allergies \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. OB/GYN history:

Date of last menstrual period \_\_\_\_\_ How long do they last? \_\_\_\_\_ Are they regular? \_\_\_\_\_  
Do you experience pain with your period? \_\_\_\_\_  
Date of last Pap smear \_\_\_\_\_ Was it normal? \_\_\_\_\_  
Date of last mammogram \_\_\_\_\_  
Number of pregnancies \_\_\_\_\_ Number of live births \_\_\_\_\_  
Please list any pregnancy complications \_\_\_\_\_

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8. Have you ever been diagnosed with a venereal disease (if so, please indicate below)

\_\_\_\_\_

9. Do you presently have an abnormal vaginal discharge? If so, please describe.

\_\_\_\_\_

10. Have you ever used an over-the-counter yeast medication (eg. Monistat –7, Mycelex – 7, Gyne-Lotrimin)?  Yes  No

If yes, when was the last time: \_\_\_\_\_

Did it relieve your symptoms? \_\_\_\_\_

11. Do you ever douche?  Yes  No

If yes, how often? \_\_\_\_\_ When did you last douche? \_\_\_\_\_

12. What method of birth control do you currently use? \_\_\_\_\_

13. Have you ever had vaginal intercourse (sex)?  Yes  No

Are you sexually active now?  Yes  No

Have you recently had sex with a new partner?  Yes  No

Was your last partner male or female?  Male  Female

Have you ever had intercourse against your will?  Yes  No

Have you experienced pain with intercourse?  Yes  No

14. Life style:

Do you smoke?  Yes  No If yes, how much?

\_\_\_\_\_

Do you drink alcohol?  Yes  No If yes, how much? \_\_\_\_\_

Do you use street drugs?  Yes  No If yes, what type/how often? \_\_\_\_\_

15. Have you experienced emotional change recently? \_\_\_\_\_

\_\_\_\_\_

16. Have you previously or currently been abused by your partner?  Yes  No

Please explain \_\_\_\_\_

\_\_\_\_\_

17. Do you do monthly self-breast exams?  Yes  No

If no, why? \_\_\_\_\_

18. Is there anything else you would like to discuss? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_